



Are you caring for someone who has memory loss?

Confident Dementia Caregiving is a 3-part Webinar to help caregivers better understand what works best when taking care of someone with dementia.

This **FREE WORKSHOP** can help reduce your caregiving stress by:

- *Improving your confidence through better understanding of the effects of dementia on the brain and behaviors*
- *Helping you create a positive caregiving environment*
- *Learning how to manage / redirect challenging behaviors*
- *Sharing ideas for daily activities for your loved one based on their strengths*

2 options for a 3-part **Confident Dementia Caregiving** workshop via ZOOM:

This event is FREE but you MUST REGISTER IN ADVANCE.

Click below to register, or contact us at 517-592-1678 or via email at livingwellprograms@r2aaa.net

A) TUESDAY AFTERNOON ON-LINE SERIES (Parts I, II, & III)

November 10, 17, and 24, 2020 from 2:00-3:30pm

[CLICK HERE TO REGISTER for November Tuesday Afternoon Series](#)

OR

B) TUESDAY MORNING ON-LINE SERIES (Parts I, II, & III)

December 1, 8, and 15, 2020 from 10:00am-11:30am

[CLICK HERE TO REGISTER for December Tuesday Morning Series](#)

After registering, you will receive a confirmation email containing information about joining the meeting.

NOTE: This workshop is designed for caregivers, CLS workers, Self-Determination Workers, professionals, and family members caring for someone with dementia or Alzheimers'

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